	EY	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 9 habits Considerate	Being me in my world Similarities and differences between each other & Celebrating Differences Understanding feelings and emotions	Being me in my world Rights and responsibilities, choices and consequences & Celebrating Differences Positive and negative friendships.	Being me in my world Hopes and fears, working collaboratively & Celebrating Differences Understanding stereotypes	Being me in my world Seeing things from other people's viewpoint & Celebrating Differences Understanding conflict	Being me in my world Attitudes and actions, and their effect on the whole class & Celebrating Differences Positive and negative influences	Being me in my world Democracy and how it benefits the school & Celebrating Differences Understanding racism and who can support us.	Being me in my world 'The rights of a child' & Celebrating Differences The Equality Act
Autumn 2 9 habits Compassionate Joyful	RE	RE	RE	RE	RE	RE	RE
Spring 1 9 habits Hopeful Self controlled	Dreams and Goals Setting goals and trying to achieve them. & Healthy Me Name and label your body.	Dreams and Goals Understanding obstacles and how to get past them. & Healthy Me Understand the term healthy. Including healthy eating and exercise.	Dreams and Goals How to work with others and persevering. & Healthy Me How medicines help our bodies.	Dreams and Goals Recognising your own strengths and weaknesses. & Healthy Me Dangers of drugs, people and places. How we can keep safe.	Dreams and Goals Reflecting on positive and negative outcomes. & Healthy Me Alcohol and tobacco.	Dreams and Goals Jobs and income & Healthy me influences and peer pressure.	Dreams and Goals Understanding how you can influence the world to make it a better place. & Healthy Me Stress triggers and how we can help.
Spring 2 9 habits Patient Humble	RE	RE	RE	RE	RE	RE	RE

Summer 1	Relationships	Relationships	Relationships	Relationships	Relationships	Relationships	Relationships
9 habits	To know who is in	Different types of	Understanding that	Understanding	Negative feelings	Personalities and	Understanding your
Forgiving	our family and what job they do. & Changing Me Life cycles of humans and animals.	families and what makes a family. & Changing Me Understanding the changes that happen when we grow bigger including private body parts.	physical contact is sometimes ok and how relationships can change. & Changing Me Physical differences between makes and females.	gender stereotyping. & Changing Me Understanding basic changes during puberty.	including jealously. & Changing Me How the human body changes during puberty including basic reproduction.	characteristics. & Changing Me Understand how it is important to take care of yourselves physically and mentally.	own mental health. & Changing Me Understand how a baby groups over 9 months and changing relationships.
Summer 2 9 habits Honest	RE	RE	RE	RE	RE	Relationships Positive and negative communities online. & Changing Me Sexual intercourse and IVF.	Relationships Keeping safe online and understanding negative power and control. & Changing Me Transition to high school.

Oasis Academy Broadoak – PSHE