

WEEK 1 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY Italian	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken and Sweetcorn Pasta Bake	Roasted Vegetable Pasta Bake	Roast Chicken	Spaghetti Bolognese	Oven Baked Fish Fingers
Main 2	Cheesy Pasta Bake	Quorn Sausage Pattie Burger	Roasted Quorn Fillet & Gravy	Plain Omelette or Cheese & Tomato Omelette	Cheese & Tomato Pizza
Carbohydrates	Garlic Bread Slices	Oven Baked Wedges	Roasted Potatoes or Wholemeal Penne Pasta	Diced Potatoes	Oven Baked Chips
Vegetables	Sweetcorn Coleslaw	Green Beans Fresh Sliced Carrots	Fresh Carrots Broccoli Florets	Roasted Sweetcorn Mixed Salad	Garden Peas Baked Beans Mixed Salad
Desserts	Banana Delight Organic Yoghurts	Watermelon Lollies Organic Yoghurts	Fresh Vanilla Sponge Organic Yoghurts	Strawberry Frozen Yoghurt Fresh Fruit Wedges Organic Yoghurts	Strawberry Jelly Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



Working together

WEEK 2 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
	ORIGINALS DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Oven Baked Sausage	BBQ Chicken and Sweetcorn Pizza	Roast Chicken	Asian Stir Fry Vegetables	Oven Baked Breaded Fish (Pollock)
Main 2	Quorn Sausage	Cheese & Tomato Pizza	Roasted Quorn Fillet	Roasted Vegetable Wholemeal Pasta Bake	Cheese & Tomato Quiche
Carbohydrates	Mashed Potatoes or Wholemeal Penne Pasta	Baked Sweet Potato Wedges or Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Boiled White and Brown Rice Or Garlic Bread	Oven Baked Chips
Vegetables	Fine Green Beans Fresh Sliced Carrots	BBQ Baked Beans Sweetcorn	Savoy Cabbage Fresh Glazed Carrots	Broccoli Florets Sweetcorn	Garden Peas Carrots Baked Beans
Desserts	Chocolate Sponge Organic Yoghurts	Orange Jelly Fresh Fruit Salad Organic Yoghurts	Shortbread Biscuits Organic Yoghurts	Chocolate Delight Organic Yoghurts	Vanilla Ice cream Or Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



WEEK 3 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY Asian	FRIDAY FAVOURITES
MAIN 1	BBQ Chicken Thigh	Lentil & Vegetable Cottage Pie	Roast Chicken	Chicken Curry	Oven Baked Fish Fingers
Main 2	Cheese & Broccoli Flan 	Macaroni Cheese 	Quorn Roast 	Vegetable Curry  	Cheese & Tomato Pizza 
Carbohydrates	Half Jacket Potato or Wholemeal Penne Pasta 	Oven Baked Wedges 	Roast Potatoes or Penne Pasta 	Boiled White and Brown Rice or Penne Pasta 	Oven Baked Chips
Vegetables	Broccoli Florets Mixed Bean Salad	Fresh Glazed Carrots Green Beans	Savoy Cabbage Roasted Vegetables	Green Beans Sweetcorn	Garden Peas Baked Beans 
Desserts	Chocolate Cake Water Melon Cubes Organic Yoghurts 	Vanilla Ice Cream Organic Yoghurts 	Wholemeal Apple Crumble Organic Yoghurts 	Strawberry Jelly Organic Yoghurts 	Chocolate Cookie Organic Yoghurts 

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

 **Future 50** Contains one or more of the top 50 most sustainable foods in the world!

 **Vegetarian**  **Vegan**  **Organic**

For allergen content please speak to member of staff who will be happy to assist

